

Miami-Dade County Public Schools
Invites you to

Catch the
Wave to
Wellness



What: Community Health and Wellness Fair
When: Saturday, May 17, 2025 | 9:00 am – 1:00 pm
Where: Miami Dade College North
School of Justice | 11380 NW 27 Avenue, Miami, FL 33167

Join us for a day of free wellness resources, health screenings and fun activities for the whole family including cooking demonstrations, workshops and games!



Scan to
Register for
Free EKGs*
*Ages 5 to 21 only

Learn more about our partners and activities by
visiting: engagemiamidade.net/wavetowellness



Miami-Dade County Public Schools

Les invita a



Que:

Una feria comunitaria de salud y bienestar

Cuando:

Sabado, 17 de Mayo del 2025 | 9:00 a.m. a 1:00 p.m.

Donde:

Miami Dade College North

School of Justice | 11380 NW 27 Avenue, Miami, FL 33167

Les invitamos a un día de recursos gratuitos enfocados en el bienestar, exámenes de salud y actividades recreativas para toda la familia. ¡Habrá demostraciones culinarias, talleres y muchos juegos!



Escanee

**para inscribirse a un
ECG gratis***

***Para estudiantes de 5 a 21 años.**



Para más información acerca de nuestros socios y demás actividades, visita: engagemiamidade.net/wavetowellness

Miami-Dade County Public Schools

Envite w Patisipe nan Fwa Byennèt



Kisa:

Fwa Sante ak Byennèt Kominotè a

Kilè:

Samdi 17 Me 2025 9è Dimaten – 1è nan Aprèmidi

Ki kote:

Miami Dade College North

School of Justice | 11380 NW 27 Avenue, Miami, FL 33167

Vin rankontre ak nou pou yon jounen resous byennèt gratis, tès depistaj sante ak aktivite amizan pou tout fanmi an, tankou demonstrasyon pou kwit manje, atelye yo, ak jwèt!



Eskane
pou w enskri pou
EKG gratis*
*Laj 5 a 21 an



Pou plis enfòmasyon sou patnè ak aktivite nou yo, tanpri
klike la a: engagemiamidade.net/wavetowellness



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Did you know that sudden cardiac arrest is the leading cause of death among student-athletes? Electrocardiogram (ECG/EKG) screenings are a vital tool for detecting underlying heart conditions that could lead to this tragedy.

Miami-Dade County Public Schools is committed to safeguarding the well-being of our student-athletes. That's why we're offering FREE EKG screenings at the Community Health and Wellness Fair, provided by Nicklaus Children's Hospital.

Ensure your athlete's heart health! Join us for this important event, featuring free wellness resources, health screenings, and fun for the whole family.



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